

October 2019

Mon	Tue	Wed	Thu	Fri
	Lasagna 1 V	Beef or Turkey Birger 2 GF	Shepard Pie with ground turkey 3 GF	Pizza 4 GF,V
Fish Sticks 7 V	Chicken Patty Sandwich 8	Chicken, Broccoli, Ziti 9	Vegetable Stir-fry 10	Pizza 11 GF, V
Columbus Day Closed 14	French Toast Sticks 15 V	Turkey Taco's 16 Gf	Spaghetti and turkey meatballs 17	Pizza 18 GF,V
Baked Pretzel with yogurt 21 V	Chicken Nuggets 22	Ground Turkey Chili 23 GF	Pulled Chicken Sandwich 24	Pizza 25 GF, V
Chicken Caesar Salad 28	Turkey Bacon w/melted cheese sandwich on a bagel 29	Soup and Sandwich Day 30	Hotdog 31 GF	